

Sample Daily Schedules

Age range:pk, k

Breakfast: 8am

8:30 - 10am: Play inside

10 am to noon: Group project (Art, cooking, jigsaw puzzle, work assigned by the school, [multi-age learning kit](#))

Noon to 12:30 pm: Lunch

12:30 to 2:30 pm: Alone time for everyone (Books, educational tablet time, coloring, crafts)

2:30 to 4:30 pm: Outside play

4:30 pm until dinner: Regroup time (TV, video game, book)

COVID-19 Daily Schedule

@thedenverhousewife

for kids

Before 9am	Wake Up	Wake up, eat breakst, make bed, get ready for the day
9-10am	Free Time	Watch TV, Ipad, Play Games, ect
10-11am	Outside Time	Take a walk, play in the yard or walk dog
11-12am	Creative Time	Art projects, Slime, Coloring, ect
12-12:30pm	Lunch	
12:30-1pm	Chores	Do appropriate chores
1-2pm	Quiet Time	Read, Puzzle, Nap, or color
2-4pm	Academic time	Educational Games, Math, Online education, Science Project, Writing
4-5pm	Outside or Play Time	Go outside to ride bikes or play in the house
5-6pm	Dinner	
6-9pm	Free time until bed	Free choice time. fam Movie Take showers/ready for bed



COVID-19 SCHOOL CLOSURE HOMESCHOOL CHECKLIST



MATH: Do Khan Academy for 30 minutes



LANGUAGE ARTS: Read a book for 30 minutes



MUSIC: Use youtube to learn a new song on guitar or piano



Organize something



HISTORY: Watch an episode of Crash Course in World History



FUN: Play video games for 30 minutes



PE: Do two songs on Just Dance



Watch a news program (The Daily Show counts)



SPANISH: Do 20 minutes of DuoLingo



ELECTIVE: Watch one class on Masterclass



www.rageagainsttheminiivan.com



COVID-19 DAILY SCHEDULE

Before 9:00am	Wake up	Eat breakfast, make your bed, get dressed, put PJ's in laundry
9:00-10:00	Morning walk	Family walk with the dog Yoga if it's raining
10:00-11:00	Academic time	NO ELECTRONICS Sudoku books, flash cards, study guide, Journal
11:00-12:00	Creative time	Legos, magnatiles, drawing, crafting, play music, cook or bake, etc
12:00	Lunch	
12:30PM	Chore time	A - wipe all kitchen table and chairs. B - wipe all door handles, light switches, and desk tops. C - Wipe both bathrooms - sinks and toilets
1:00-2:30	Quiet time	Reading, puzzles, nap
2:30-4:00	Academic time	ELECTRONICS OK Ipad games, Prodigy, Educational show
4:00-5:00	Afternoon fresh air	Bikes, Walk the dog, play outside
5:00-6:00	Dinner	
6:00-8:00	Free TV time	Kid showers x3
8:00	Bedtime	All kids
9:00PM	Bedtime	All kids who follow the daily schedule & don't fight